

Dear Parents and Guardians,

I hope all of our MVMS families had a wonderful February Break! Our entire staff was eager to welcome our students back into the building this week though we were thankful to have winter break to unplug and rejuvenate as we enter the beggining of the third trimester.

Last Monday, the school board voted to allow all spring sports to take place for GHS and MVMS students. This is another wonderful opportunity for our students to engage in fun and exciting activites with their peers outside of the classroom! Registration for all spring sports is now open...please go to the MVMS sports page to find the link to register your athletes. If you have any questions about spring athletics, please feel free to reach out to Mr. Garrity, the MVMS Athletic Director.

The third annual Magnify Voices Expressive Art Contest will take place this month and is open to all MVMS students. The theme of this year's contest is "Mental health here in New Hampshire". All students submissions "will be showcased to help raise awareness, erase stigma and effectuate change!" With parent permission, students can submit poems or essays, or create works of art using paint, drawing, singing, or sculpting. This is a great opportunity for interested students to express themselves in a positive and meaningful way and "Magnify" their voice. Please see the attached flyer for more details.

Sincerely,

Wendy Kohler Principal

Important Dates

March 9 (Tue.)	NO SCHOOL – Teacher Workshop/Town Voting	
	*Voting will take place at Bartlett Elementary and Goffstown High	
	School for Goffstown residents.	
April 26-30	NO SCHOOL – Spring Break	

We are HIRING!

As SAU 19 evaluates a phase change to bring more students into the buildings, our need for support and coverage in the buildings continues to be critically important. If your schedule allows, please consider applying to be a teacher and/or paraprofessional substitute. Training is provided. Any substitutes who commit to regularly substitute on a weekly basis will be paid \$100 per day for those days through the end of this school year. You can commit to as little as one day per week or as many as 5 days per week. To apply, please visit <u>http://goffstown.k12.nh.us/SAU19</u> and click on "Resources" then "Employment".

For additional information please contact Kate Magrath, Human Resources Director at <u>kate.magrath@sau19.org</u> or 603-497-4818. We appreciate your support!

Arrival and Dismissal

As a friendly reminder, please drive <u>slowly</u> around the back-bus loop while picking up/dropping off your student. All students should also enter/exit the car from the passenger side of the vehicle. Thank you for reminding your student to exit the vehicle with their cloth mask covering on.

Full Remote Students in Grade 7 and Grade 8

Please make sure your student checks their email/Google Classroom for the links to our 'live' instruction for social studies, language arts, grade level math and science each week. All students accessing their learning in a full remote learning environment are offered two live instructional blocks beyond their "team" Friday Zoom sessions each week. Please make sure your student makes every effort to attend these important instructional blocks!

Attendance Phone Calls

Please remember to call the MVMS absence line (497-8288 and when prompted press 2) if your child will not be attending their scheduled in-person day prior to 8:15.

Students who are accessing their learning in a fully remote learning environment, who will not be attending, should also be called into the absence line as well.

School Picture Pick-Up

As a friendly reminder, all parents of students who are accessing a remote only environment – we still have a fair amount of school pictures that were ordered and are waiting to be picked up in the front office. Please stop by MVMS anytime between 8:30-4:00 to pick them up!

PBIS Theme of the Month – Perseverance

March's PBIS Theme of the Month is Perseverance. Staff and students are focused on what perseverance looks like here at MVMS and how one should go about perservering through life's toughest challenges. Be sure to chat with your student about what he/she is learning about Perseverance.

Yearbook

Purchase your 2021 Yearbook TODAY!

Click/copy & paste the link below to place your order for your 2020-2021 Mountain View Middle School Yearbook TODAY!

https://www.jostens.com/apps/store/catalog/1010121/Mountain-View-Middle-School/YEARBOOK_CATALOG/Yearbooks/

Guidance Department Corner

Middle Years

Please click/copy paste the link below to view this month's edition of Middle Years. If you're unfamiliar with the Middle Years publication, the purpose is to provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

http://www.rfecustomer.com/ViewPDF.cfm?RequestType=WebSite&CustNum=477194&PdfFilename=MY0321 E.pdf&HtmlPdfPath=http://rfecustomer.com/Pubs/202103/477194_MY0321_E.pdf

Guidance Counselors

If you need to consult with a counselor for advice/information for your student, please contact one of the following:

Name	Grade	Phone Number
Ryanne Roy	5&6	(603) 660-5616
Melanie Cali	7	(603) 660-5607
Erin Sakolosky	8	(603) 660-5606

Health Corner

Dear Parents and Guardians:

The COVID-19 pandemic continues to impact every aspect of our lives and the MVMS nurses would like to provide you with some additional information to keep your family and our school community safe and healthy as now that we have returned from vacation. In order to ensure our schools stay open, and our students stay well, we continue to ask that all students, parents, and staff remain diligent in adhering to the SAU 19 COVID-19 guidelines (see attached). Below are some reminders for everyone to keep in mind as we embark on vacation week.

- Social distancing, the use of cloth face coverings, monitoring for symptoms, and avoiding those who are sick are still important public health measures that we should all be following both in school or out.
- If any of your family members develop symptoms of COVID-19, even mild, call your PCP and seek COVID-19 testing.
- Travel outside of New England carries an increased risk for contracting COVID-19, all students who travel outside of New England will be required to quarantine for 10 days upon return home and may not attend school.
- If your child has had close contact with someone diagnosed with COVID-19 they must quarantine for 10 days after the last exposure to that person and may not attend school.
- If a household member has been diagnosed with COVID-19 (parent, sibling) your child must remain in quarantine for an additional 10 days after the infected person has completed their 10 days of isolation and they may not attend school.
- Although persons may be released from quarantine after 10 days, COVID-19 has an incubation period of 2-14 days, your child could still become symptomatic and spread the virus for up to 14 days after exposure. It is important to monitor for symptoms of COVID-19 for a full 14 days after exposure and seek testing if symptoms develop.
- If you attend gatherings with persons outside of your immediate household you significantly increase the risk for COVID-19 exposure, these types of gatherings are strongly discouraged by public health officials.
- Prior to sending your child to school each morning please assess your child for COVID-19 symptoms and consider your child's COVID-19 exposure risk, if you are questioning sending your child to school please call the MVMS nurses and we can assist you.
- As always, if your child presents to school with any complaints of illness, they will be sent home and be required to isolate for 10 days or seek COVID-19 testing.

The MVMS nurses truly appreciate all of your continued cooperation as we navigate this pandemic. We are here as a resource for you and your family and encourage you to reach out with any questions or concerns.

Sara Matatall RN Sara.matatall@sau19.org 660-5623 Susan Potvin RN susan.potvin@sau19.org 660-5615

Food Service Information

\sim This year <u>all</u> school meals are FREE to ALL students! \sim

We ask that parents/guardians pre-order meals, following the instructions below, to help us with the delivery to the classrooms.

Ordering Meals

You need to either download the NutriSlice App from your app store or go through the food service webpage for the menus.

- 1. Select MVMS.
- 2. Select the appropriate menu.
- 3. Pick your child's meal on the day he/she will be attending school.
- 4. Choose from the optional items then click Add to Order.

5. You may pick another day your child is attending school or you may check out for that student.

6. Click on the lunch bag on the top left of the screen.

7. View your cart and confirm it is correct, then click Checkout or Create an Account. You will need to create a Parent account and then add students with their lunch number in order to Checkout.

8. Choose who the order is for.

9. Select Pickup: Choose grade level; enter your child's homeroom in the box on the right above the submit button.

10. Click submit.

11. If you have additional children to order for you will need to click on Start Another Order.

A student ID number is necessary, for bookkeeping purposes. You will not be charged.

If you need further help either contact the MVMS kitchen or food service by emailing Megan Bizzarro, <u>megan.bizzarro@sau19.org</u>.

Agoge Wrestling Club

Have an athlete who is interested in wrestling? Please see the attached flyer for more information if your student(s) is interested in joining the Agoge Wrestling Club.

Goffstown Junior Baseball

Registration for Goffstown Junior Baseball is open now at <u>www.GoffstownJrBaseball.com</u>. Available for boys and girls from ages 4-12. Email <u>GJBBoard@GoffstownJrBaseball.com</u> if you have any questions. See you on the field!

Goffstown Babe Ruth Softball



The Spring 2021 Season is here...

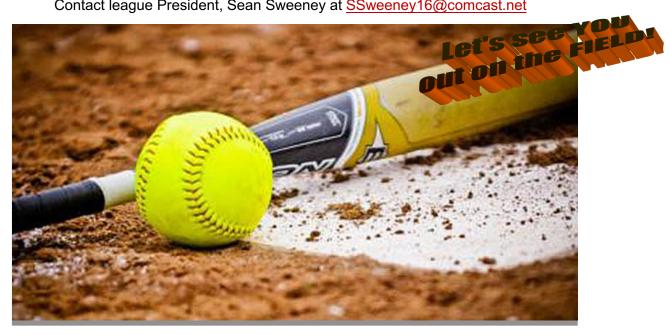
New 6U

Instructional Division

Registration is OPEN and closes on 3/15/21. Team Shirt/Face Covering provided. 6U Division - \$30 8U Division - \$55 10U, 12U, & 16U Divisions - \$75

Register Online at: www.leaguelineup.com/goffstownbaberuth

Interested in coaching or have more questions? Contact league President, Sean Sweeney at <u>SSweeney16@comcast.net</u>



Don't forget to follow us on Facebook at:

Goffstown NH Babe Ruth Girls Softball League to stay up to date on all exciting league news & events

MAGNIFY VOICES EXPRESSIVE ARTS CONTEST 2021 THIRD ANNUAL

Youth in grades 5 - 12 are invited to submit creative pieces about their experiences with mental health in New Hampshire. Winners will be chosen by a panel of judges with varied expertise according to their grade (5-8th and 9-12th). All creative pieces will be showcased to help raise awareness, erase stigma and effectuate change! To participate:

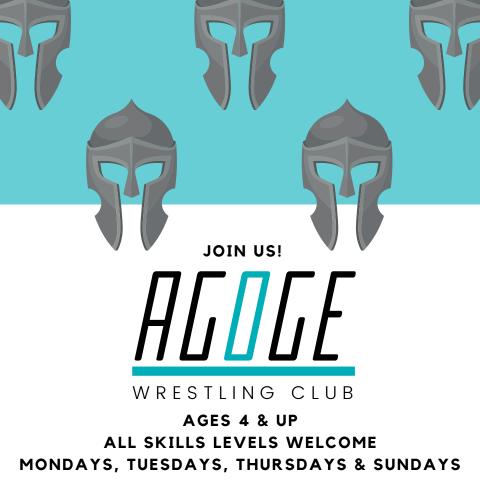
- Create a short film (2 minutes or less)
- Write an essay or poem (1000 words or less)
- Design another medium of expression such as a painting, song, or sculpture

DUE: MARCH 31



SCAN CODE OR VISIT OUR WEBSITE FOR MORE INFORMATION: <u>TINYURL.COM/</u> <u>MAGNIFYVOICES2021</u>







LEARN MORE ABOUT OUR OFFERINGS, SCHEDULE, COACHING STAFF, AND MORE AT:

WWW.AGOGEWRESTLINGCLUB.COM



agogewc

